# International Journal of Health Science

Acceptance date: 07/05/2025

# FLORENCE NIGHTINGALE'S ENVIRONMENTAL THEORY

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**Abstract:** This work is a study that culminated in a poem about the theory of environmentalist Florence Nightingale, enabling a differentiated study of her professional practice. Florence Nightingale, born on May 12, 1820 in London, was a British social reformer and the founder of modern nursing. She came to prominence when she served as a trainer and team leader for nurses during the Crimean War, organizing care for wounded soldiers. It was from her practice that nursing gained a positive reputation, and her achievement was so important that she became an icon of Victorian culture, receiving the nickname "The Lady with the Lamp", because on her nightly rounds, she used this instrument to help wounded soldiers.

### **GENERAL OBJECTIVE**

• Report on the acts of care applied in the environmentalist theory created by Florence, and its influence on the nursing field up to the present day.

### SPECIFIC OBJECTIVES

- Describe the strategies and principles that gave birth and life to this area of health.
- Reporting on knowledge of Environmentalist Theory in a literary form, little explored... verse and prose.
- Demonstrating such significant content in the field of nursing in a relaxed and differentiated way.

**Problem:** How does this Environmentalist theory influence nursing today?"

Speaking of theories,
addressed to nursing.
There have been many in this area,
who came to have highlights
Applying your ideas,
and attitudes of their findings.
Some ended up in books,
others don't even speak to each other anymore.

## **INTRODUCTION**

According to Florence, nursing was a practice that sought to put the patient in the best condition for the action of nature.

Therefore, he said, the main areas of environmental control involved renovation and improvements to ventilation, heat, odors, noise and lighting...

This theory presents and highlights to professionals the need to understand success, focusing primarily on the environment, where all external conditions and influences affect the life and improvement of the organism, and are capable of preventing, suppressing, as well as contributing to disease and death. Florence thought so, even though she had no knowledge of contact with microorganisms.

Nevertheless ... she said, nursing is the team that interacts with all the support areas of the institution, playing an important role in the continuous improvement of quality, patient care and organizational performance.

# **FINAL CONSIDERATIONS**

Environmental theory is a common theory and always current, not only because of what is described about hygiene, micro-organisms, dirt and the treatment of patients, but because of its applicability to nursing practice in relation to human beings, the environment and health.

Playing with this grand theory, which has traveled all over the world, we'll show you how well it works even in verse and prose...

**Poem:** "Environmental heart, feeling that generates life."

That's how we were able to absorb it, who persist in wanting
In life, you can never have too much

Among so many acquaintances, it's worth noting
That Florence Nightingale,
was one that stood out,
For the brilliant idea

To consecrate life

England...War...Crimea

the occasion is noted

And love in the heart

For these wounded lives

And awakened the desire

Care with devotion.

try to be dedicated

Without reserve and without measure

To be for our beloved country

Responsible and attentive

For the success of lives

And it was very heartfelt,

Projects, planning,

All well prepared

Not to mention the fundamentals

That flowed into his legacy.

Looking to transform

The pain of humanity

With tenderness and happiness

As the people used to say,

A refuge from the city.

The theoretical focus of the thesis

Worth noting

is to take care of the environment

outside that place

"prioritize conditions

it would certainly have to be

donating your contribution

Softening life

Preventing and suppressing

the illness in that being.

May it be good luck

and not so much death

and success.

She thought so, though,

that if you were enlightened

the being's environment,

that he had torn apart,

The bed would have light

from Jesus himself,

And everything would be solved.

All well wooded...

Saying I was wrong

Instead of condemning

It would be praised

For all that was pain

In that poor environment,

He gradually transformed

And being so happy,

Seeing our work

sick were so sad

For only screams of pain could be heard there...

But using our love

immediately changed that picture

Who was torn apart

And that beautiful attitude

It went viral across the country.

Everything is different

with the pleasant atmosphere...

A nice-smelling sheet,

a comfortable bed...

would soften, however,

It's everyone's right.

which comes before duty

you need to feel like a person...

because he didn't ask to be born.

A very clean place,

and everything very fragrant,

The disease does not absorb

the convict's self-esteem.

She thought so too.

If everything is stuffy...

The bugger thinks so,

who has been removed from the world...

making matters worse

and the situation is getting worse...

Let's open some windows

And feel fresh air coming in,

It even improves your eyesight

And the bedridden patient

you'll be happy too,

This improves health

And our joy,

Seeing success come,

With the betterment of the people,

They leave for home straight away,

opening up new space

With sun, moon and fresh air... Cleanliness, bath, good time... No one would dare

Thinking like that, the ideas flowed,
And in an instant...
prayers, songs, conversations, games were invaded
And an atmosphere of pain, was gradually transformed...
And everyone laughed...
Things soon changed
In pleasant surroundings
Instead of being called, the place of the miserable.

I thank her, for the great heart who can see the sick in such a charitable way, Changing the status general of that place Even with so many wounds painful and regrettable It's super nice recovery and rest, The lives of those people. Looking at the story, had so much heart, That everything was copied and invaded the nation Known around the world and with great affection... The Lady with the Lamp, Fame ran through life ...Walking the corridors Visiting one corner and another, Bringing a new smile And a well-deserved honor. Mae, the people's nurse.

Therefore....
Reschedule that meeting.
Win back a love.
Gather those who love you.
Comfort a sufferer.

And everyone will see changes
That's our hope
Giving new life to the people.
Heals the beloved and the one who loves
The different and the same
Maybe that's the truth:
"It's because of the abnormality
that all LOVE is normal!"
It's not a branded product
that defines a citizen.
Never judge in this life
a man with his feet on the ground,
Because the shoe fits the feet
But it doesn't stop the heart.

But he left her,
a resounding legacy,
No one doubts this,
"Taking care of those who need it,
in such a loving way,"
Always treasure it,
Always remember this
Your work is recognized,
For the Lord Jesus Christ...
Who made the same journey,
And it never left history
For love and perfection,
healing, healing wounds,
Without looking for a POSITION!

you need to understand
that you will crawl,
And only then will you run
will suffer and will fall,
And after getting tired
She'll teach you
That it was just to learn
How to walk.
To win in life!
I know that giving gifts is good,
but it's really good to be present,
being a friend, being a partner
be the warmest hug
allow our eyes to
don't just see us.

In the race of this life

Revive the sad and relearn in pain. Love is healing itself, A remedy for every ailment

What you learned from the research, We mean, Thank you! For the value of conquest We know what's wrong, And what it means to be sentimental. We must follow with pride

Without making mistakes let us be a good example Of that dear teaching in the history of nursing Embracing this work Always doing our best, Shining for a lifetime.

Not forgetting to thank
To my dear colleagues
Who with such devotion
They lent their ears
Listening so carefully
These scribbled verses
May we all be tomorrow
Renowned nurses.
To end our prose
Thank you all very much!

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And today we have been given the right For Professor Eudanusia Know this theory, And the value of this muse, And take it to work



