

DIFFICULTIES ENCOUNTERED BY TRANS MEN IN ACCESSING THE BRAZILIAN PUBLIC HEALTH SYSTEM

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INTRODUCTION

Transsexuality is the state where the individual does not identify with the gender assigned at birth. From the 90s onwards, transsexual activism became legitimized in Brazil, bringing greater rapprochement between it and the State. In this scenario, in 2008 the transsexualization process was instituted via the Unified Health System (SUS), and only in 2013 was the inclusion of trans men. When gender affirmation is carried out, trans men still need to face social stigmas and confront their current status.

GOAL

To analyze stigmas, vulnerabilities and challenges experienced by trans men when accessing the SUS.

METHODS

This is an integrative literature review based on the theme of prejudices and social stigmas attributed to trans men within the Unified Health System. The Scielo, Scholar Google and Lilacs databases were used. The descriptors used were: “Social Stigma”; “Trans Men”; “Unified Health System” and

RESULTS AND DISCUSSION

After reading and analysis, 5 (five) articles were selected. The literature pointed out that situations of embarrassment and discrimination are constantly experienced by trans men within the SUS. This condition is caused by a sequence of factors, the first of which is the lack of preparation in the training of health professionals to deal with this population. Another factor cited is disrespect for one’s social name, resulting in a reluctance to seek medical treatment, resulting in health problems. Thus, associated with these factors, we have difficulty for trans men to confront their current status through consultations with the gynecologist, making the situation embarrassing.

CONCLUSION

The transsexualization process introduced in the SUS is recent. In addition to the prejudice and stigma that trans men suffer, there is the problem faced in relation to the gynecological health service, resulting in resistance to the public health service. Given the factors exposed, the damage to the physical and mental health of trans men becomes evident, resulting in a public health problem.

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